

## Welcome to The Sutcliffe Early Intervention Program

The Sutcliffe Clinic Early Intervention Program was developed to help families who have received an autism diagnosis and are waiting for behavior therapy services to begin. The Sutcliffe Early Intervention program provides caregivers and their learner with a way to begin therapy amidst the many choices that need to be made. Our hope is that we can help families while they determine the best course of therapy for their learner.

### The Program:

**Caregivers** will be guided weekly to focus on pivotal areas of development with their children. The strategies taught in the program require lifestyle changes adopted by the whole family. The Sutcliffe Caregiver Training Program is a hybrid program that combines evidence-based behavior change programs (PRT, PC-CARE, Naturalistic Behavior Therapy) to teach and guide caregivers through this lifestyle change.

**Learners** will work each week with a behavior therapist to also focus on pivotal areas to begin their behavioral intervention journey.

The Goal of Sessions is to train you to increase your child's skills in the following areas of need:

- Communication Skills (Eye Contact, Joint Attention)
- Compliance, Regulation, Flexibility, Attention
- Social Emotional Skills
- Verbal Expression
- Play Skills

Together as a team we will target "pivotal" areas of a child's development instead of working on one specific behavior. Motivation will be used to acquire and master skills and strategies that expand communication, increase socialization, support information seeking, decrease disruptive behavior, and improve long term outcomes that are necessary for children to learn and generalize social and behavioral skills.

- Caregivers collaborate with a PRT trained therapist to create goals.
- Weekly Sessions are guided to fit the families strengths, interests, and values.
- Caregivers and learners are taught components one at a time.
- Caregivers are encouraged to implement and practice the skills that they learn weekly.
- Short 5-10 minute videos of caregivers practicing their homework skill of the week are required as part of this program. Videos are sent to the therapist weekly, to assess skill acquisition and fidelity of implementation and for feedback during each session.
- Siblings are not included in sessions unless it is determined part of the treatment by the therapist.
- A Google Document is provided with a weekly curriculum prior to the start of the program.

## 50-Minute Session Format

10 Minute- Parent Check-in

10 minute Review of Video Submissions

10 minute Lesson of the Week

20 minute Questions/Answer

### *Caregiver Training Curriculum Overview*

<b>Session 1</b>	<ul style="list-style-type: none"> <li>● Introduction to The Sutcliffe Parent Program</li> <li>● Areas of Strength:</li> <li>● Areas of Weakness:</li> <li>● Parent Goals:</li> <li>● What is PRT:</li> <li>● What you need to know before we begin</li> </ul>
<b>Session 2</b>	<ul style="list-style-type: none"> <li>● PRT             <ul style="list-style-type: none"> <li>○ Communication (Clear Opportunities, Contingent on Attempts, Can vs Don't)</li> <li>○ Attention</li> <li>○ The Art of Waiting</li> </ul> </li> </ul>
<b>Session 3</b>	<ul style="list-style-type: none"> <li>● Motivation</li> </ul>
<b>Session 4</b>	<ul style="list-style-type: none"> <li>● Reducing Anxiety             <ul style="list-style-type: none"> <li>○ Priming</li> <li>○ Alternatives to No</li> </ul> </li> </ul>
<b>Session 5</b>	<ul style="list-style-type: none"> <li>● Reinforcement</li> </ul>
<b>Session 6</b>	<ul style="list-style-type: none"> <li>● Task Variation</li> <li>● Shared Control</li> </ul>
<b>Session 7</b>	<ul style="list-style-type: none"> <li>● Positive Attention             <ul style="list-style-type: none"> <li>○ Pride Skills</li> </ul> </li> </ul>
<b>Session 8</b>	<ul style="list-style-type: none"> <li>● Problem Behavior Strategies</li> </ul>
<b>Session 9</b>	<ul style="list-style-type: none"> <li>● Visuals</li> </ul>
<b>Session 10</b>	<ul style="list-style-type: none"> <li>● Creating Flexibility</li> </ul>
<b>Session 11</b>	<ul style="list-style-type: none"> <li>● Regulation</li> </ul>
<b>Session 12</b>	<ul style="list-style-type: none"> <li>● Next Steps</li> </ul>

**Pricing is as follows:**

**Package A includes:**

Caregiver Intake Session  
Initial Treatment Plan  
Insurance Authorization if Required by your insurance provider  
12 weekly 50 minute caregiver training sessions  
24 1:1 child therapy sessions (2x per week for 50 minutes)  
Weekly Supervision provided by a BCBA  
**Cost: \$3,767 per month x 3 month commitment**

**Package B includes:**

Caregiver Intake Session  
Initial Treatment Plan  
Insurance Authorization if Required by your insurance provider  
12 weekly 50 minute caregiver training sessions  
36 1:1 child therapy sessions (3x per week for 50 minutes)  
Weekly Supervision provided by a BCBA  
**Cost: \$4,267 per month x 3 month commitment**

A Superbill will be generated each week for you to submit to your insurance company for reimbursement.